

Facial Gym – Why Facial Yoga does not work!

By utilizing scientifically designed prevision exercises that work directly on the 57 muscles of the face, truly dramatic results can be achieved in as little as one week. You can change the color of your complexion, give yourself a high cheek-boned look, restore your lips to sexy fullness, reshape your nose, firm up your sagging jowls, smooth out fine lines and reduce under eye puffiness.

When you attend this workshop, you will understand what makes the facial muscles different from the muscles in the rest of your body. You will also understand how the principles of exercises that are applicable to the rest of the body (like weight training) are just as useful for training the muscles of the face – namely, not a principle taught in Face Yoga! Remember that muscles are after all muscles – and stronger muscles equates to firmer facial skin!

Secrets of how you could turn your appearance around abound in this workshop.

Forget about Facial Yoga trainers who use their Good Genetics to fool you into doing Facial Yoga too. Train yourself to get younger.

Connect with us at info.dpinto@gmail.com OR getgutgoing@gmail.com to join the Face Gym Movement today.