

Basic and Advanced Dry Needling Workshops

Hello Applicant!

Since you have expressed interest in our Basic OR Advanced Dry Needling workshop, kindly go through the FAQ's mentioned below pertaining to our workshops.

1) How long is the workshop?

This 2 day workshop is for 9-10 hours each on Day 1 as well as on Day 2. It is an extensive and exhaustive workshop because Dry Needling is an invasive technique and not to be taken lightly.

2) What are the charges for the workshop?

Kindly e-mail us at getgutgoing@gmail.com to receive the Course content and the Registration form which contains the details of payment. Kindly note, we do not accept payment from any student on the actual day of the workshop.

3) Am I eligible to attend this workshop? Am I eligible to practice Dry Needling after the workshop?

- Only 4th year BPT, 4th year Occupational therapy, 4th year MBBS students are allowed to attend the Basic Dry Needling workshop. In addition to that Post Graduate students and practicing Physiotherapists, Occupational therapists and Doctors are also allowed to attend the Basic Dry Needling workshop. Every student and practitioner will be asked to submit their last Marksheet or Graduation certificate screenshot or PDF as proof in order to participate in this course. A clear copy of the screenshot is expected.

- You can only practice Dry Needling at your personal clinic or at your workplace after you are licensed as a qualified Physiotherapist or Occupational Therapist or Physician. Post Graduate students can practice soon after they have completed the workshops, provided they are confident to do so and will not put their patients at risk.

- Only those students, who have completed their Basic Dry Needling workshops with us, are allowed to attend the Advanced Dry Needling workshops with us. If you have completed your Advanced Dry Needling workshop elsewhere, you will have to meet the basic criteria to apply for the Advanced course. This criteria will be provided/explained to you via e-mail, should we encounter such a candidate.

4) Where will this workshop be conducted?

This workshop is meant for a small batch of students only so that attention is focussed on technique. We only accept 12 students at a time, so that everyone can be guided thoroughly and there is no room for mistakes.

The workshop will be conducted at Dr Diana Pinto's clinic in Thane West. The address is provided on the Registration form which will be sent to you upon request. The address will again be provided to you in your Pre-Reading material.

5) Will food and water be provided at the workshop?

Yes, we do provide Drinking water, usage of Toilet facility during the workshop. However, due to the pandemic we have currently discontinued the practice of serving snacks or lunch to our participants. We request participants to carry their own Lunch and

snacks. There will be a break during Lunch time and a very short break during Tea time to recharge your batteries.

6) What else will I receive at this workshop?

- All participants will receive Basic/Advanced Dry Needling workshop notes, Pen, Writing paper, Needles to practice and Bonus material for Chinese Acupuncture. In addition to this, all participants can connect with Dr Pinto at getgutgoing@gmail.com for an unlimited point of time to let us know if you have any doubts or to write to us about your success stories in Dry Needling.

- Every participant will also receive a certificate of completion after successfully completing the Basic/ Advanced Dry Needling workshops. This Certificate will be handed after the workshop on the same day. In the event it cannot be handed out on the same day, we will mail it out to every participant in the same week.

7) What do I carry along with me to this workshop?

We request and expect everyone to come prepared for the workshop. Everyone male or female candidate, irrespective of religious beliefs, health concerns or personal choices has to bring along loose, comfortable clothing to change into, during the workshop. The workshop requires that you dress down in order to expose certain body parts, so that you understand how it feels to be needled. We do not ask you to expose your private parts or your breasts for the Basic Dry Needling workshop. Decency is maintained at times during these workshops. We believe that as Medical Professionals, we owe it to ourselves to understand the Dry Needling technique well by first practising it upon our own bodies. This helps us to explain the technique better to our patients. Without first hand experiencing Dry Needling, you cannot be a good Dry Needling practitioner!

8) Do I receive any Pre-reading material?

Yes. One week prior to the Basic/ Advanced Dry Needling workshops you will be receiving your Pre-reading Material by e-mail. This Material is only sent to those who make full payment for their workshops.

9) What if I have queries after the workshop? Whom do I contact?

As mentioned in FAQ 6, you can connect with Dr Pinto at getgutgoing@gmail.com

10) What if I need extra practice material after the workshop?

If you need extra/ additional Acupuncture needles, you may purchase the same from Dr Pinto. Additionally, you may also take the contact numbers of the dealers who provide such Needles in your vicinity. Kindly remember that everyone is advised to purchase Acupuncture Needles WITH GUIDE TUBES only. Never practice with Needles that are sold without Guide tubes.

11) What are the Course Contents of this workshop?

Kindly connect with us at getgutgoing@gmail.com to receive the Contents of the this workshop. You may additionally Whatsapp us at 9136634555 or 9136634466 to request us for the Course Content for the Basic Dry Needling workshop and the Advanced Dry Needling workshop. Kindly provide your Name, Contact number and the Workshop name (Basic or Advanced) when reaching out to us about the Course content.

12) Where can I get the Registration form?

As mentioned in FAQ 2, we will send the Registration form and the Course Content form together via e-mail through getgutgoing@gmail.com OR via Whatsapp through 9136634555/9136634466.

13) What are the dates for the Workshops in 2022?

Following are the course dates for the Basic and Advanced Dry Needling workshops for the year 2022 with timings of 10 AM to 6:30/7 PM on both days:

- January 29th & 30th 2022 - Saturday and Sunday – Basic Dry Needling workshop*
- February 26th & 27th 2022 – Saturday and Sunday – Basic Dry Needling workshop*
- March 26th & 27th 2022 – Saturday and Sunday – Basic Dry Needling workshop*
- April 30th & May 1st 2022 – Saturday and Sunday – Advanced Dry Needling workshop*
- July 2nd & July 3rd 2022 – Saturday and Sunday – Basic Dry Needling workshop*
- August 27th & 28th 2022 – Saturday and Sunday – Basic Dry Needling workshop*
- September 10th & 11th 2022 – Saturday and Sunday – Advanced Dry Needling workshop*