

TMJD workshop

Hello Applicant!

Thank you for reaching out to us and expressing interest in our TMJD workshop. Very few people in India are currently treating the Temporomandibular joint like we do and we are happy that you have reached out to us!

Please note that it is always advisable to work alongside a Dentist in improving the TM joint in its entirety. The Occlusion of the teeth matters when it comes to treating the TM joint in non-traumatic cases. However in Direct trauma to the TM joint, you may work alone.

Here are FAQ's related to the TMJ workshop conducted by us.

1) How long is the workshop?

This 1 day workshop is for 9-10 hours only. It is an extensive and exhaustive workshop because the TM joint is an underdiagnosed, under-treated and often ignored joint in Physiotherapy and Dentistry practice. Re-learning its Anatomy and subsequent treatment takes time.

2) What are the charges for the workshop?

Kindly e-mail us at getgutgoing@gmail.com to receive the Course content and the Registration form which contains the details of payment. Kindly note, we do not accept payment from any student on the actual day of the workshop.

3) Am I eligible to attend this workshop? Am I eligible to practice Dry Needling after the workshop?

- Only 4th year BPT, 4th year Occupational therapy, 4th year MBBS students are allowed to attend this workshop. In addition to that Post Graduate students and practicing Physiotherapists, Occupational therapists and Doctors are also allowed to attend this workshop. Every student and practitioner will be asked to submit their last Marksheet or Graduation certificate screenshot or PDF as proof in order to participate in this course. A clear copy of the screenshot is expected.

- You can only practice the techniques mentioned within this workshop at your personal clinic or at your workplace after you are licensed as a qualified Physiotherapist or Occupational Therapist or Physician. Post Graduate students can practice soon after they have completed the workshops, provided they are confident to do so and will not put their patients at risk.

- Only those students, who have completed their Basic Dry Needling workshops with us, are allowed to practice the Dry Needling techniques that are suggested within this TMJ workshop. If you have not completed your Basic Dry Needling course with us, kindly provide proof that you have completed the Basic Dry Needling course elsewhere. Without providing this proof, you will not be allowed to participate in the Needling technique during the TMJ workshop or practice the technique at your own facility. Every candidate is expected to abide by these rules. There will be no exceptions made.

4) Where will this workshop be conducted?

This workshop is meant for a small batch of students only so that attention is focussed on technique. We only accept 12 students at a time, so that everyone can be guided thoroughly and there is no room for mistakes.

The workshop will be conducted at Dr Diana Pinto's clinic in Thane West. The address is provided on the Registration form which will be sent to you upon request. The address will again be provided to you in your Pre-Reading material.

5) Will food and water be provided at the workshop?

Yes, we do provide Drinking water, usage of Toilet facility during the workshop. However, due to the pandemic we have currently discontinued the practice of serving snacks or lunch to our participants. We request participants to carry their own Lunch and snacks. There will be a break during Lunch time and a very short break during Tea time to recharge your batteries.

6) What else will I receive at this workshop?

- All participants will receive TMJ workshop notes, Pen, Writing paper, Needles to practice and Bonus material for TMJD's. In addition to this, all participants can connect with Dr Pinto at getgutgoing@gmail.com for an unlimited point of time to let us know if you have any doubts or to write to us about your success stories in treating TMJD's.

- Every participant will also receive a certificate of completion after successfully completing the TMJ workshop. This Certificate will be handed after the workshop on the same day. In the event it cannot be handed out on the same day, we will mail it out to every participant in the same week.

7) What do I carry along with me to this workshop?

We request and expect everyone to come prepared for the workshop. Everyone male or female candidate, irrespective of religious beliefs, health concerns or personal choices has to bring along loose, comfortable clothing to change into, during the workshop. The workshop requires that you dress down in order to expose certain body parts, so that can assess, palpate and treat. Decency is maintained at times during these workshops.

8) Do I receive any Pre-reading material?

Yes. One week prior to the TMJD workshops you will be receiving your Pre-reading Material by e-mail. This Material is only sent to those who make full payment for their workshops.

9) What if I have queries after the workshop? Whom do I contact?

As mentioned in FAQ 6, you can connect with Dr Pinto at getgutgoing@gmail.com

10) What if I need extra practice material after the workshop?

If you need extra/ additional Acupuncture needles, you may purchase the same from Dr Pinto. Additionally, you may also take the contact numbers of the dealers who provide such Needles in your vicinity. Kindly remember that everyone is advised to purchase Acupuncture Needles WITH GUIDE TUBES only. Never practice with Needles that are sold without Guide tubes.

11) What are the Course Contents of this workshop?

Kindly connect with us at getgutgoing@gmail.com to receive a detailed version of the Course Contents. This is a brief outline of the Course contents of the TMJD workshop:

- Why study the TMJ?
- Detailed Anatomy of the TMJ: Understanding structures associated with the TMJ
- Anatomy of Headaches
- What are TMJ Disorders: Treatable and manageable conditions within TMJD's
- Assessment of TMJ and Cervical spine + why is it important to assess the Lumbar spine
- Physiotherapy treatment techniques in TMJD's: Actual demonstration and practice of techniques
- Interdisciplinary approaches for effective treatment outcomes: Understanding what your Dentist says to you
- Literature on TMJD's and treatment effectiveness

12) Where can I get the Registration form?

As mentioned in FAQ 2, we will send the Registration form and the Course Content form together via e-mail through getgutgoing@gmail.com OR via Whatsapp through 9136634555/9136634466.

13) What are the dates for the Workshops in 2022?

Following are the course dates for the Basic and Advanced Dry Needling workshops for the year 2022 with timings of 10 AM to 6:30/7 PM on:

June 18th 2022 – Sunday

There will be only one TMJD workshop for the year 2022.